



# NACH and the Greater NGH Chapter

## National Association of Certified HypnoCounselors

1358 Burnet Ave. Suite 1, Union, NJ



# NEWSLETTER

**NEXT  
MEETING**  
**Wednesday**  
**November**  
**16, 2011**  
**Networking**  
**6-7 PM**

### *Presentation for the November 16th, 201 Meeting*

#### **Submodalities: The “Magic” of NLP with Joe Peoples**

Have you ever heard someone say, “I feel a little down today”? or “I hear you loud and clear”? Before Neuro-linguistic Programming, these statements were thought of as just metaphors and symbols, with little meaning. Since the advent of NLP, we know that such metaphors are often literal descriptions of the person’s internal representations. The distinctions and qualities, called Submodalities, are one of NLP’s major contributions to personal change. Understanding how to elicit and utilize them is a powerful way to help your client achieve their desired outcome.

Joe Peoples, member of NACH and NGH, and licensed Master Practitioner of Neuro-linguistic Programming, will share insights about Submodalities, gained from training with Richard Bandler, co-founder of NLP. Joe promises a fun and lively discussion, going beyond NLP 101, with great information for those new to NLP, as well as experienced practitioners. You have seen and heard Joe’s great presentations. Don’t miss this one!

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### **PLEASE SUBMIT ANY INTERESTING ARTICLES THAT YOU MAY READ**

It is quite time consuming to search for articles, however so many of you use the internet and run across hypnosis articles that may be of interest to your colleagues. Take some time to help out with the Newsletter.

Email the articles to Tony at [nickeby@aol.com](mailto:nickeby@aol.com)

### **Call for Presenters for 2012!**

**In the efforts of the NACH to steadily build our organization, we are calling for any NACH member in good standing to submit his or her name and topic for presentation at our dinner buffet meetings. We shall consider all submissions. This is your chance to participate in our growth. Please take time to forward us any articles you find on the internet so that we may re-print them in our Newsletters. You’ll make our job easier is publishing this Newsletter. Email all correspondence to [info@hypnoacademy.com](mailto:info@hypnoacademy.com)**

## November 2011 Horoscope with Judy Lewis

Aries ^-Uranus the planet of change transiting the 4th house governing the home front and real estate seems to indicate some drama and tumult on the horizon. It could be a move, either permanent or temporary, or a new purchase or sale. Whatever, the actual results the astral advice for November suggests that you brace yourself for an abundance of activity.

.Taurus \_- Jupiter retrograde in the 5th house and nicely aspected indicates luck with creative ventures and an increase in finances. A job interview from months ago could resurface and change your future. In the past you have disregarded common sense to make a personal point. Now you have adjusted your attitude and will be able to work constructively with those who can influence your life...

.Gemini `-Someone you thought wasn't noticing will declare their interest. In a month that offers excitement and romance, those unattached Gemini's may find the soul-mate or at least their friend mate. Just a time that will bring back memories of when love was the only thing that mattered and everything else in your life played a far second place. A time of revitalization and a return to fun.

Cancer a- Interesting issues of inheritance and kinship are the focus of November. Thoughts of past family issues seem clear now in hindsight. A visit to an ancestry website can reveal family secrets. Always the sentimental one you feel a connection to your past and the future looks brighter. This temporary reminiscence is fun but is over with the beginning of December. You realize that one cannot live in the past.

Leo b- Can you say powerful? That is what the outlook of your November seems to be. Mars in Leo in the 9th house finds you showing off your intellect and looking great as well. You roar and people listen to the attractive and super smart Lion. Enjoy as this is the beginning of great things to come.

Virgo c- Someone from your past has returned and the air is cleared. No apologies and no accusations just talk. You are able to let yesterday's box of issues be firmly closed. Go forward with confidence. Although you can't return to the relationship

you once had you can form a new alliance based on friendship.

Libra d-Saturn won't allow you to remain the underdog for long. In the past you may have avoided conflict and kept quiet when you were unfairly attacked. Now it is a refreshing part of your Saturnized personality to correct anyone who dares enter your space carrying with them a condescending attitude. Lessons are learned and you are satisfied with your new status.

Scorpio e-Some behind the scenes drama and gossip as those you thought were friends bare their claws in a catty conference. You are the subject on an agenda based on jealousy and deceit. Your awareness, however, is keen and you prevent any real loss of blood or reputation. You answer their howls with common sense and class. The retreat to their lairs and peek out and now view you with respect.

Sagittarius f Your personal standing in the community will be at an all-time high, 1st house energies suggest a change in the way people will perceive your power. You will look attractive and confident to all even if you are insecure inside. Play the role of the person you wish to be and this month you will transform into that positive and magnetic soul.

Capricorn g-"Show me the money, may be the battle cry of November as 2nd house issues are dominate. Pay increases and/ or restructuring of finances are highlighted. You take the time to set up a budget and work on the tedious job of accounting for each penny. Uncovering waste and preparing a financial plan for the future adds to the feeling of security created in the month of November.

.Aquarius h -Aquarius, the mother of invention. You may be using your resourcefulness in the month of November. Obstacles in your path are weak as you scramble over them. You don't have time to think of the challenges you just conquer them. A month of accomplishments,

. Pisces i- The sensitive Pisces native should remember that all feelings are not necessarily facts. At times you may think that the whole world is against you and no one is grateful for all that you do. This way of thinking creates a victim mentality and leaves you down and depressed. Choose instead to think that you have a choice on those you lavish your gifts and realize you have permission to say, NO!

Astrology is a long-established method of exploring ourselves, our [relationships](#) and our place within the world. It works by taking a look at the significant environmental influences operating in a particular place at a given time - as expressed through the [horoscope](#) in the symbolic relationships of the heavenly bodies. Astrology, the science of the stars, can give us insight into all manner of situations, from the personal to the political and from the most intimate to the most mundane.

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### Stargazine 2011

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Stargazing

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# Cancer Update from Johns Hopkins submitted by Pat Conte, MD

**AFTER YEARS OF TELLING PEOPLE CHEMOTHERAPY IS THE ONLY WAY TO TRY ('TRY', BEING THE KEY WORD) TO ELIMINATE CANCER, JOHNS HOPKINS IS FINALLY STARTING TO TELL YOU THERE IS AN ALTERNATIVE WAY . Worth re-publication here**

1. Every person has cancer cells in the body. These cancer cells do not show up in the standard tests until they have multiplied to a few billion. When doctors tell cancer patients that there are no more cancer cells in their bodies after treatment, it just means the tests are unable to detect the cancer cells because they have not reached the detectable size.
2. Cancer cells occur between 6 to more than 10 times in a person's lifetime.
3. When the person's immune system is strong the cancer cells will be destroyed and prevented from multiplying and forming tumors.
4. When a person has cancer it indicates the person has nutritional deficiencies. These could be due to genetic, but also to environmental, food and lifestyle factors.
5. To overcome the multiple nutritional deficiencies, changing diet to eat more adequately and healthy, 4-5 times/day and by including supplements will strengthen the immune system.
6. Chemotherapy involves poisoning the rapidly-growing cancer cells and also destroys rapidly-growing healthy cells in the bone marrow, gastrointestinal tract etc, and can cause organ damage, like liver, kidneys, heart, lungs etc.
- 7.. Radiation while destroying cancer cells also burns, scars and damages healthy cells, tissues and organs.

8. Initial treatment with chemotherapy and radiation will often reduce tumor size. However prolonged use of chemotherapy and radiation do not result in more tumor destruction.

9. When the body has too much toxic burden from chemotherapy and radiation the immune system is either compromised or destroyed, hence the person can succumb to various kinds of infections and complications.

10. Chemotherapy and radiation can cause cancer cells to mutate and become resistant and difficult to destroy. Surgery can also cause cancer cells to spread to other sites.

11. An effective way to battle cancer is to starve the cancer cells by not feeding it with the foods it needs to multiply.

#### **\*CANCER CELLS FEED ON:**

a. Sugar substitutes like NutraSweet, Equal, Spoonful, etc are made with Aspartame and it is harmful. A better natural substitute would be Manuka honey or molasses, but only in very small amounts. Table salt has a chemical added to make it white in color. Better alternative is Bragg's aminos or sea salt.

b. Milk causes the body to produce mucus, especially in the gastro-intestinal tract. Cancer feeds on mucus. By cutting off milk and substituting with unsweetened soy milk cancer cells are being starved.

c. Cancer cells thrive in an acid environment. A meat-based diet is acidic and it is best to eat fish, and a little other meat, like chicken. Meat also contains livestock antibiotics, growth hormones and parasites, which are all harmful, especially to people with cancer.

d. A diet made of 80% fresh vegetables and juice, whole grains,

seeds, nuts and a little fruits help put the body into an alkaline environment. About 20% can be from cooked food including beans. Fresh vegetable juices provide live enzymes that are easily absorbed and reach down to

cellular levels within 15 minutes to nourish and enhance growth of healthy cells. To obtain live enzymes for building healthy cells try and drink fresh vegetable juice (most vegetables including bean sprouts) and eat some raw vegetables 2 or 3 times a day. Enzymes are destroyed at temperatures of 104 degrees F (40 degrees C)..

e. Avoid coffee, tea, and chocolate, which have high caffeine. Green tea is a better alternative and has cancer fighting properties. Water-best to drink purified water, or filtered, to avoid known toxins and heavy metals in tap water. Distilled water is acidic, avoid it.

12. Meat protein is difficult to digest and requires a lot of digestive enzymes. Undigested meat remaining in the intestines becomes putrefied and leads to more toxic buildup.

13. Cancer cell walls have a tough protein covering. By refraining from or eating less meat it frees more enzymes to attack the protein walls of cancer cells and allows the body's killer cells to destroy the cancer cells.

14. Some supplements build up the immune system (IP6, Flor-ssence, Essiac, antioxidants, vitamins, minerals, EFAs etc.) to enable the bodies own killer cells to destroy cancer cells.. Other supplements like vitamin E are known to cause apoptosis, or programmed cell death, the body's normal method of disposing of damaged, unwanted, or unneeded cells.

15. Cancer is a disease of the mind, body, and spirit. A proactive and positive spirit will help the cancer warrior be a survivor. Anger, un-forgiveness and bitterness put the body into a stressful and acidic environment. Learn to have a loving and forgiving spirit. Learn to relax and enjoy life. (Chakra balancing helps-PC)

16. Cancer cells cannot thrive in an oxygenated environment. Exercising daily, and deep breathing help to get more oxygen down to the cellular level. Oxygen therapy is another means employed to destroy cancer cells.

**1. No plastic containers in micro. 2. No water bottles in freezer. 3. No plastic wrap in microwave..**

Dioxins are highly poisonous to the cells of our bodies. Don't freeze your plastic bottles with water in them as this releases dioxins from the plastic. Recently, Dr Edward Fujimoto, talked about dioxins and how bad they are for us. He said that we should not be heating our food in the microwave using plastic containers. This especially applies to foods that contain fat. He said that the combination of fat, high heat, and plastics releases dioxin into the food and ultimately into the cells of the body. Instead, he recommends using glass, such as Corning Ware, Pyrex or ceramic containers for heating food. You get the same results, only without the dioxin. So such things as TV dinners, instant ramen and soups, etc., should be removed from the container and heated in something else. Paper isn't bad but you don't know what is in the paper. It's just safer to use tempered glass, Corning Ware, etc. He reminded us that a while ago some of the fast food restaurants moved away from the foam containers to paper. The dioxin problem is one of the reasons.

## Christianity and Hypnosis: Answers from an Academic and a Minister

In order to help clarify the range of Christian viewpoints on hypnosis, we interviewed two experts about hypnosis and Christianity. Neither one is affiliated in any way with The Hypnosis Network.

Of course, everyone has their own theological perspectives. You may find that neither of these commentators reflects your views. The interviews are provided strictly as information for those who are curious about possible Christian perspectives on hypnosis.

Our interviewees are:

John Court, Professor of Psychology, University of South Australia Ph.D., Clinical Psychology, University of Adelaide Diploma of Clinical Hypnosis, Australian Society of Hypnosis Certificate in Theology, Sydney

- Paul Durbin, United Methodist minister Chaplain (Brigadier General), United States Army (retired 1989) Director of Pastoral Care & Clinical Hypnotherapy, Methodist Hospital, New Orleans, LA (retired 2001) Director of Clinical Hypnotherapy, MHSF, affiliated with Methodist Hospital (retired June 30, 2005)

**Some Christians are concerned that by undergoing hypnosis they might be going against their faith. Why is this?**

*John Court*

Because they have been told, or have read in Christian books, that hypnosis is condemned in the Bible. Those who love to find a proof text for their beliefs use one word in Deuteronomy 18 (vv 10-11). In English the Hebrew word is usually translated 'charmer,' or 'one who casts spells,' and from other contexts it is clear that the word refers to snake charming. To relate it to hypnosis is quite misleading. Good exegesis, of course, calls for more than a simple proof text, and this is lacking. On the other hand, there are two examples in the Acts where it refers to Peter going into a trance (the Greek word is *ekstasis* from which we get 'ecstasy') and both events are reported as both positive and significant.

*Paul Durbin*

As you well know, there are many misconceptions concerning hypnosis which make some people (religious or non-religious) have some fears of hypnosis. A few years ago, I read an article in *Family Weekly* titled "Boom Days For Devil Hypnosis." Hearing that title, what ideas, images, or thoughts come to you? Though the article had what I considered a very negative title, it was a very positive article on hypnosis in the health care field. The only reference to the devil was in the last paragraph, "Some conservative religious groups consider hypnosis to be the work of the devil."

Hypnosis is mistakenly viewed as mind control or demonic by many misinformed people. Let me describe one situation I've experienced: Recently I received a physician consult to work with a Catholic woman for pain management. As I explained the process of relaxation, imagery, and hypnosis, I could see that she was very responsive. As I concluded my pre-talk, she said, "I am really looking forward to this experience, but I need to tell you that my daughter is a self-proclaimed born-again Christian and she may say something negative to you about this. If so, do not pay any attention to her, for I am the one who is hurting and I want this." As I completed the induction, the phone rang. I told the patient, "Just allow the ringing of the phone and my answering it to add to your relaxation." I answered the phone, "This is Mrs. Doe's room. As she is in therapy, please call back in 30 minutes," and hung up the phone.

## Christianity and Hypnosis: Continued

When the procedure was completed, I walked out of the room and there was her daughter standing in front of the door with arms folded over her chest. She said, "What have you been doing to my mother?" I explained that I had taught her mother relaxation, self-hypnosis, and pain reduction. She responded, "I am a born-again Christian." Before she could continue, I raised my hands and said, "Praise the Lord, so am I." She was speechless, so I continued, "I will bring you some information on hypnosis, but regardless of how you feel about hypnosis, your mother has found it very helpful in the reduction of pain."

Some would say that there is no place in religion for hypnosis. I believe that hypnosis and religious faith can work hand in hand to bring about a better life. Jesus said in St. John 10:10, "I am come that you may have life and have it more abundantly."

**Christianity includes many different denominations. Which denominations support hypnosis and which do not? Please explain why some traditions do, and some don't.**

*John Court*

This is not easy to answer. In general the Catholic tradition has no problem with hypnosis. The Anglican tradition also has no problem. Lutherans have varied: some for, some against. Seventh Day Adventists used to be against it but appear to be changing.

It is mostly the smaller Bible-based and fundamentalist churches, and especially Pentecostals, who have taught against hypnosis. They have largely been teaching from second and third hand writers who have observed some aspect of hypnosis but without personal study of the subject. Apart from the biblical evidence, the other major issue that has caused this is that some of the less orthodox traditions such as Christian Science have favored hypnosis, and so the orthodox seek to create distance.

*Paul Durbin*

Each one here comes with his/her own history: religiously, personally, and professionally. I come to you as a Christian Minister who looks upon hypnosis as a valuable tool of counseling. Coming from a religious profession and working in a church-related hospital for 30 years, I was often asked, "Why does one of religious faith need hypnosis?" or "How can you use hypnosis? Isn't there a conflict between religious faith and hypnosis?" I believe that these questions can be responded to by referring to the statement of Jesus in John 10:10, "I am come that they may have life and have it more abundantly." Hypnosis is one of the gifts of God which help people experience the "more abundant life." Hypnosis is neither anti-religious nor pro-religious. It can be used for good or bad, depending on the hypnotist and the subject. Today, most religious groups accept the proper ethical use of hypnosis for helping people. The Roman Catholic Church has issued statements approving the use of hypnosis. In 1847, a decree from the Sacred Congregation of The Holy Office stated, "Having removed all misconceptions, foretelling of the future, explicit or implicit invocation of the devil, the use hypnosis is indeed merely an act of making use of physical media that are otherwise licit and hence it is not morally forbidden provided it does not tend toward an illicit end or toward anything depraved." The late Pope Pius give his approval of hypnosis. He stated that the use of hypnosis by health care professionals for diagnosis and treatment is permitted. In 1956, in an address from the Vatican on hypnosis in child-birth, the Pope gave these guidelines:

## Christianity and Hypnosis Continued

- (1) Hypnotism is a serious matter, and not something to be dabbled in.
  - (2) In its scientific use, the precautions dictated by both science and morality are to be used.
  - (3) Under the aspect of anesthesia, it is governed by the same principles as other forms of anesthesia.
- This is to say that the rules of good medicine apply to the use of hypnosis.

Except for exceptions noted, no other Protestant or Orthodox Churches have any laws against the proper-ethical use of hypnosis. To the best of my knowledge, there has been no opposition to the use of hypnosis in the Jewish faith when it is used for the benefit of mankind. Many of the Eastern faiths, such as Buddhism, Yoga, Shintoism, Hinduism and others, approve the use of hypnosis and they often use hypnosis in their worship. Islam has no opposition to hypnosis that I have been able to discover. Hypnosis should not be condemned as anti-religious just because some people misuse it. Some oppose hypnosis because they say it is used by the occult, but do they condemn prayer because prayer is used for occultist purposes? Hypnosis can be a very helpful tool in counseling. Without apology and when appropriate, hypnosis can be used for growth, health and the benefit of people.

### **Are there any Christian denominations where hypnosis is absolutely forbidden?**

**(We want to make sure that no one purchases our CDs and then subsequently regrets his or her purchase due to this reason.)**

*John Court*

There are certainly some strong prohibitions in some Christian books, but the readership is, I think, restricted to fundamentalists.

*Paul Durbin* Exceptions are Christian Science, Seventh-Day-Adventist and some individuals of various churches.

In recent years, the Seventh-Day-Adventists have lessened their resistance by using relaxation therapy and suggestion therapy. A hypnotist by the name of Phineas Parkhurst Quimby greatly helped Mary Baker Eddy overcome an illness and she used many of his teachings and techniques in developing the Christian Science Church. Though Quimby used hypnosis to help her, she denounced hypnosis while using its techniques.

Though many in various churches opposed to hypnosis are using the principles of hypnosis (relaxation, concentration, suggestion, repetition) in their healing services, they denounce hypnosis. For those who oppose hypnosis on religious grounds, I remind them of the words of Baptist Van Helmont, "Hypnosis is a universal agent . . . and is a paradox only to those who are deposed to ridicule everything and who ascribe to Satan all phenomena which they cannot explain."

### **Is hypnosis a form of mind control?**

*John Court* It can be, and in stage hypnosis, obviously is. In clinical work the control is negotiated between therapist and patient so that control is largely with the patient, who is then invited to allow the therapist to work within clearly identified ethical boundaries. There is also self hypnosis, which emphasizes the point that ultimately the control of the mind is with the person in trance (either self-induced or delegated to the therapist). Certainly clinical hypnosis is about enabling the patient to gain greater control of the mind; that is, empowering, not taking control away.

## Christianity and Hypnosis: Continued

*Paul Durbin* Hypnosis is no more mind control than watching TV, listening to a political speech, or attending a worship service. It is my belief that a person will not do anything under hypnosis that is against his/her will. There is a story about Milton Erickson going to his secretary and telling her that he was tired and wanted to rest so anyone called, she was to say that he was out of the office. She agreed to do this for Dr. Erickson. Some days later he put her in a hypnotic state and make the same request. She responded that she could not. He asked her "Why?" and she responded, "Because it would be a lie." She had stronger moral resolve under hypnosis than in the normal waking state. There is one area where there is a danger, and that is in what I would call "brainwashing," which can be accomplished in or out of hypnosis. It consists of a person being bombarded with suggestion time after time, day after day. Many therapists of the past 30 years produced false memories for their clients by telling them that they would never get well until they admitted that they were sexually abused as children even though they could not remember it. They would have them imagine what might have happened, and even used guided imagery to help them remember. The results from many were the recovery of false memories which brought havoc to the client and family of the client. I have had several articles published on the subject of "False Memories," and one can find articles on my website by me and others on this subject.

**Does someone who uses hypnosis for themselves risk punishment in some divine way?**

*John Court* No. *Paul Durbin* I certainly do not believe that one risks divine punishment for using hypnosis, or I would not use it in my counseling. Some may risk criticism from their church, but not from God.

**You have used hypnosis with many devout Christians.**

**Do you have any examples of people who initially feared hypnosis that ended up benefiting?**

*John Court* Yes, often. My book (*Hypnosis, Healing and the Christian* [Eugene, OR: Resource Publications, 2002]) contains a number of examples of client experiences, published with their permission.

*Paul Durbin* While a hospital chaplain and hypnotherapist, I had some people who feared hypnosis either on a personal basis or religious basis. Often a physician would send me a referral to work with a patient who was from a Pentecostal-type church. Many said, "Is it alright for me to call my pastor to see if it is OK?" In each case, their pastor said that it was OK. I had been a chaplain at Methodist Hospital in New Orleans for 6 years before I began practicing hypnotherapy, so the pastors knew me and so did not fear me working with their members.

**It has been our position that hypnosis actually gives a person more control as opposed to less control.**

**What are your views on this?** *John Court* Agreed.

*Paul Durbin* I totally agree. It gives the person the power to use what he or she already possesses but has not been able to control. People gain control over bad habits, control over fears and phobias, and the list goes on.

**I know this is a personal question and just your opinion, but do you see any reason why a person would not try hypnosis only because he or she is a Christian? Please explain.**

## Christianity and Hypnosis: Continued

*John Court*

I know of people who do adopt that position. They have been told Christians must not be hypnotized because that would be to relinquish their free will to another person. If that view can be shown to be false, then it is possible to proceed. I am saddened at how many Christian people feel unable to accept hypnotic-based interventions, when they could be very helpful in dealing with physical and emotional issues. Christians will also often report with surprise that the experience is spiritually beneficial, as it is possible to incorporate prayer and meditation into the therapeutic process.

*Paul Durbin*

I can see a person who would not use hypnosis because of his/her church position or on their personal understanding. As an example, I was referred to a lady for pain management who wanted her pain medication long before the required time. I told her that I had been referred by her physician to help her reduce pain with hypnosis and she said "No, I am a Christian." I talked with her about that and even explained some of the common misconceptions about hypnosis. I told her that hypnosis was a normal experience that we pass through many times a day, but she said "No." So she just hurt until her drugs were due.

**We have heard that people are concerned that hypnosis can override a person's "will" and/or create space for evil spirits to enter. What are your thoughts on this?**

*Paul Durbin*

The vast majority of research disagrees with the above statement. A person in hypnosis will not do anything against his/her will. They may do things that they would not normally do, but would do if the situation were such as to entice them to do it. For a physician, it is not unethical to prescribe drugs to stop pain, but it is unethical for a physician to intentionally set up a situation where the patient becomes dependent on that drug so the physician can make more money. I am a theologically conservative United Methodist Christian and ordained clergyperson of the United Methodist Church. Hypnosis happens all the time: watching television, driving your car, being involved in a worship service, just before going to sleep, and just after waking up. Anything can be used unethically, but that is a problem of the person involved, be he clergy, physician, fireman, policeman, business person, wife, husband, teacher, or hypnotherapist. But don't condemn the profession or the role for the unethical ones among us, or we would have no professions.

People who have been smoking for years, no longer smoke due to hypnotherapy and at a much higher rate than patches, gum or drugs. People are released from fears in a few sessions that have been going to therapy for years. People in pain have had pain reduced or eliminated. Babies have been born to moms who did not have to take any drugs, a positive for both baby and Mom. Cancer patients have been able to take chemo with some of the side effects and have been helped to reduce the pains of cancer and even be healed of cancer. Burn patients have been able to have 3rd degree burns reduced to 2nd and 2nd to 1st when cared for by a hypnotherapist within the first few hours following burns, and to undergo painful procedures following burns with a great reduction of pain. These are blessings from God to be used to help relieve suffering emotionally and spiritually.

## Spring 2012 Academy HypnoCounselor Certification Course Schedule

Approved by the National Guild of Hypnotists, the largest hypnosis organization in the world. Become certified by the Academy of Professional Hypnosis. And the National Guild of Hypnotists . Receive a FREE (1) year membership in the NACH and NGH for a value of \$170!!

TO; All Persons Interested in Hypnosis Certification.....call Dr. John Gatto at (908) 964-4467.

Or Email Dr. Gatto at: [info@hypnoacademy.com](mailto:info@hypnoacademy.com) Or go to [www.hypnoacademy.com](http://www.hypnoacademy.com)  
to print your registration form.

The Academy of Professional Hypnosis, the first school of Hypnosis to be licensed by the State of New Jersey, Est. (1991)

This Academy is the first school of hypnosis to be approved by the New Jersey Department of Education as a post-secondary vocational school. (Est. 1991) You will be able to practice on a part time basis as many do, or on a full time basis, at your discretion. We have found that many students learn hypnosis not only for career purposes, but for personal growth. All of the many demonstrations and student one-on-one practice sessions are directed towards resolution of real issues and problems, so that you are ready to practice upon graduation. A Diploma is awarded upon the completion of 100 hours of in-class study which is comprised of 3 courses, Basic, Advanced and Advanced Clinical. The title designation on the Diploma is "Certified HypnoCounselor". Hypnosis is extremely exciting, both the study and practice of it. Feel free to contact us to discuss this, and make arrangements to register for the Spring 2012 session where excitement awaits you....starting on **FEBRUARY 25th, 2012**

**Schedule: Free Financial Arrangements must be completed by February 1st, 2012 in order to qualify. Call Dr. John Gatto now to register: 908 964 4467**

**Basic Hypnosis..... February 25/26 & March 3/4 2012**

**Advanced Hypnosis.....March 10/11 & 17/18 2012**

**Advanced Clinical Hypnosis Certification.....March 24/25 & March 31/April 1 2012**

**EACH COURSE IS .....2 WEEK-ENDS**

### **NEW INCOME**

THE PRESENT STATE OF OUR ECONOMY DICTATES ACTION TO CREATE NEW INCOME OR SUPPLEMENT YOUR PRESENT INCOME. FALLING BEHIND ON OBLIGATIONS CAN HAPPEN VERY QUICKLY. TAKE STEPS NOW TO ENHANCE YOUR FUTURE EARNING CAPABILITIES. OUR ACADEMY OFFERS THIS POTENTIAL TO PERSONS INTERESTED IN HYPNOSIS CERTIFICATION AND TO THOSE WHO HAVE STUDIED AT OTHER INSTITUTIONS WHO DESIRE TO LEARN DIVERSIFIED PERSPECTIVES AND PARTICIPATE IN EXTENSIVE TEACHER-SUPERVISED, STUDENT-TO-STUDENT, HANDS-ON TRAINING INVOLVING ONLY REAL-LIFE ISSUES. ENTER A RESPECTED PROFESSION, WHILE ALSO GAINING SELF-CONFIDENCE, SELF-ESTEEM AND THE EXCITING TECHNIQUES TO USE IMMEDIATELY FOR CLIENTS, FAMILY AND YOURSELF .

**FREE FINANCING: \$585 down payment and \$200 per month for (6) months. Start the financing now and be almost paid up when the Certification Course starts. CALL DR GATTO NOW 908 964 4467**

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Feel free to copy this schedule of classes and send it to your local newspaper under "around town" to help us spread the word.

NATIONAL ASSOCIATION OF CERTIFIED HYPNOCOUNSELORS AND  
THE NATIONAL GUILD OF HYPNOTISTS GREATER NEW JERSEY CHAPTER MEETING  
Wednesday, October 19th, 2011 with Dr. Albert Amao



Our meeting was a great success. Dr. Albert Amao gave an exciting presentation centered on Mesmerism, Hypnosis and Mind Healing. Dr. Amao shared the most important and intriguing aspect of his latest book entitled *The Renaissance of Mind Healing in America*. The book covers the phenomenon of New Thought Movement that was originated in New England. . A presentation well-done!!

# CEU Credit Hours

## 2010 MEETING DATE

**Wednesday: November 16th, 2011**

**Networking: 6:00—7:00 p.m.**

**Dinner: 7:15 p.m.**

**Presentation: 8:00 p.m.**

**Meeting Place: Galloping Hill Inn**

**325 Chestnut Street, Union, NJ 07083**

**(908) 686-2683**



**NACH and NGH**

**Working Together**

### UPCOMING 2010 MEETING DATES

**November 16, 2010**

**No meetings December & January and  
July & August**

### DIRECTIONS to Galloping Hill Inn, 325 Chestnut Street, Union, NJ 07083:

**PARKWAY:** Take exit 138 (Galloping Hill Road). Travel 1/4 mile on Galloping hill Road toward Union. Restaurant is at the far left corner of the intersection.

**ROUTE 22:** Take the Union exit on Morris Avenue (Kean University). Proceed toward Elizabeth on Morris Avenue for 1/4 mile. Turn right on Salem Road and go to the end.

**STATEN ISLAND OR LONG ISLAND:** Take the bridges to Route 1, Elizabeth. Go to Elizabeth Center. Take Morris Avenue heading towards Union for approx. 2 miles, turn left on Salem Road and go to the end.

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#### Meeting Coordinator

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#### Reservations

Members.....\$22.00

Non-Members.....\$25.00

**CALL: (908) 964-4467**

**Please send your check in on time.**

**Arriving unannounced may cause a  
problem with seating. Thank You!**